

# Today

A waltz by Dena M. Fresh, Wichita, Kansas

**Record:** LS 261-45

**Music:** "Today," 120 beats per minute tempo.

**Position:** Open for introduction, closed for dance.

**Footwork:** Opposite throughout, instructions for man.

**Introduction:** Wait 2 measures, balance apart; balance together and to closed pos, man's back to COH.

**Measures:**

## Part A

1-4 BALANCE BACK; MANEUVER; WALTZ (R-FACE);

WALTZ (to open pos)

On man's L, balance back twd COH; maneuver man's back to LOD, starting R; step back on man's L in LOD and dance one R-face turning waltz; open out to face LOD in open pos.

5-8 WALTZ OUT; WALTZ IN; SOLO TURN; TO SIDECAR (butterfly)

In open pos, and starting on man's L, waltz slightly away from partner, swinging joined inside hands forward; waltz slightly twd partner, swinging joined hands bwd; release handhold and solo turn away from partner, men starting on L (woman's R) and taking one waltz step, moving in LOD; continue turning with 1 more waltz step starting R, end facing diagonally fwd and twd wall in butterfly sidecar pos (woman facing RLOD & diag twd COH).

9-12 TWINKLE OUT; TWINKLE IN; TWINKLE OUT; MANEUVER

Moving in LOD, man step L across R (woman cross in

back), step to side on R, close L to R; step R across L, step to side on L, close R to L; repeat measure 9; man maneuver, starting R to closed pos with his back to LOD.

13-16 WALTZ; WALTZ; WALTZ; WALTZ

Step back on man's L in LOD and dance four R-face turning waltz steps, easing comfortably apart on the last one and joining both hands, man's back to COH.

**INTERLUDE:** STEP, SWING, ; STEP, SWING,

Step to side in LOD on man's L (woman's R), swing R across L, rise slightly on L; repeat to R side.

### **Part B**

1-4 VINE, 2, 3; 4, 5, 6 (in LOD); STEP, DRAW, ; STEP, TOUCH,

In butterfly pos, man's back to COH, begin on man's L and vine 6 steps in LOD; step L and draw R to L (put weight briefly on R); step L to side in LOD and touch R to L.

5-8 VINE, 2, 3; 4, 5, 6 (in RLOD); STEP, DRAW, ; STEP, TOUCH,

Beginning on man's R (woman's L), repeat meas 1-4 of Part B in RLOD.

9-12 STEP, SWING, PIVOT; BALANCE, , ; STEP, DRAW, ; STEP, TOUCH,

Drop man's L and woman's R hands and step fwd in LOD on man's L (woman's R), swing R fwd and pivot back-to-back, swinging joined hands fwd and high; balance to side on R, looking over shoulder at partner; step L to side in RLOD, draw R to L (put weight on R); step L, draw R to L (put weight on R).

13-16 ROLL (RLOD) FACE-TO-FACE; BACK-TO-BACK; FACE-TO-FACE; STEP, TOUCH,

Briefly touching hands begin on man's L (woman's R)  
and moving in RLOD, waltz roll face-to-face; on around to  
back-to-back; on around to face-to-face; step R to side in  
RLOD, touch L to R, take closed pos, man's back to COH.

The recorded music takes the dancers through three sequences as  
above. After the third time, there is an 8-measure tag, as follows:

**Ending**

1-4 BALANCE BACK; MANEUVER; WALTZ (R-FACE);  
WALTZ

Repeat measures 1-4 of Part A, but ending with man's back  
to COH, and easing apart to join both hands.

5-8 STEP, SWING, ; STEP, SWING, ; TWIRL; BOW

Repeat Interlude; twirl woman under man's L and her R  
hands; change hands and bow, pointing man's R (woman's  
L).

**Suggestions:** In measures 9-16 of Part B, maintain the touching or  
holding of hands where it is comfortably possible. Inside handhold  
is maintained through the step-draws of measures 11 & 12, and  
dropped with the final draw on measure 12. Touch hands as you  
come face-to-face on the rolls in measures 13 and 15.

**Second note:** In doing the final four measures of Part B (the RLOD  
waltz rolls), it is very romantic to do a U-shaped waltz away from  
partner (man twd COH, woman twd wall) and return in 6 steps,  
touching hands and lingering with a look, and repeat once again,  
finally returning to take closed pos to begin the dance again. Both  
U-shaped actions progress in RLOD.